

Post Operative Instructions

Deep Scaling

Post Treatment Recommendations

- We advise careful consideration of numb lips, cheeks, and tongue, while affected by local anesthesia.
- Take Advil (400-600mg) or Tylenol every four hours as needed.
- Rinse with warm water and salt once every hour the first day, six times the second day.
- Brush the area gently.
- Eat soft foods.
- Resume flossing and rubber tipping on the second day if recommended. Some soreness is expected, but should improve daily.
- If Chlorhexidine mouth rinse has been prescribed to you, use twice daily as directed on the bottle. Remember to brush and floss prior to rinsing to minimize staining and not to eat or drink for one hour after.
- Some cold sensitivity is normal.
- Call the office at (321) 751-7775 if you have any questions or concerns.